



Naughty/Sorry Spot



Cut out the naughty and sorry spot and glue them back to back. If your child has misbehaved find a quiet area away from other distractions and ask them to sit on the naughty spot for as many minutes as their age - 3mins for a 3yr old, 4 mins for a 4yr old etc. You do not want to associate any area of your home with naughtiness, as sending a child to their room for punishment could mean they learn to dislike their bedroom, or see it as a time to have fun instead of reflecting on bad behaviour so use the spot in a different area each time. Explain to your child what they have done wrong and allow them to sit on the naughty spot and reflect on their behaviour. They must remain on the spot for the duration of their time. If they behave then you can ask for an apology and recognition of what they have done wrong, this is the time to turn over the naughty spot to show the child the sorry spot. Explain that they have made things better for saying sorry and they should not act that way again, then you can give them a hug and a kiss and forget about it and move on.





Naughty/Sorry Spot

